

Three months certificate course for Geriatric care givers held at Nightingales Medical Trust from 31/03/2023 to 30/06/2023

SL No	NAME	Phone number	Adhar card no
1	Prajana A	*****7521	*****8185
2	Anitha Shobha Rani A	*****7521	*****1114
3	Sathya v	*****3243	*****4597
4	Abhinaya M	*****1324	*****3498
5	Jeevitha	*****1668	*****9647
6	Savitha	*****6640	*****1525
7	Priyanka M	*****3792	*****2484
8	Velaganni	*****8587	*****2309
9	Asha Shalini	*****5200	*****7779
10	Susheela R	*****2639	*****6231
11	Lalitha	*****6775	*****1813
12	N Manjula	*****7717	*****3410
13	Shashirekha G	*****3790	*****6267
14	Supriya	*****0578	*****4292
15	Siddaraji	*****0614	*****0268
16	Renuka P	*****0614	*****0268
17	S sharmila	*****4539	*****8461
18	Nandhini C	*****9655	*****0965
19	Haritha S	*****2373	*****9555
20	Shantha Kumari	*****2628	*****0369
21	Thabeetha	*****2457	*****6623
22	Priscilla	*****9787	*****4819
23	Sweeta		*****7542
24	Reema		*****7444
25	ranjitha		

Ladhe S.



Five Days Training Programme on Geriatric Care for Primary Care Givers, From
27/03/2023 to 31/03/2023, at Ark of the Rainbow, Coxtown, Bangalore.

SL NO	Name	Mobile NO	Aadhaar NO
1	Saraswathi K	*****5472	*****4462
2	Vimala Rani	*****9632	*****9124
3	Amudha S	*****9440	*****3163
4	Saritha R	*****8860	*****8904
5	Rajeshwari S	*****7826	*****6153
6	Kalaivani M	*****7902	*****3000
7	Nalini	*****2032	*****5827
8	Priyanka	*****9940	*****9587
9	Saraswathi	*****5493	*****4071
10	Gomathi Velu	*****6503	*****4965
11	Mallamma	*****1471	*****7737
12	Meenakshi	*****3438	*****4140
13	Bhuvaneshwari	*****8501	*****7375
14	Jayalakshmi S	*****9746	*****5320
15	Amogha Varshini	*****8941	*****5796
16	Penchamma P	*****8921	*****5492
17	Revathi	*****1025	*****8478
18	Kumari	*****3265	*****0174
19	Aishwarya	*****1284	*****0233
20	Ashwini A	*****8043	*****8852

Radha S



Three Days Training Programme on Basic Geriatric Care, From 28th to 30th of
March 2023, at Nightingales Medical Trust, Kasturinagar, Banasawadi,
Bangalore.

SL NO	Name	Mobile NO	Aadhaar NO
1	Deepa K S	*****9409	*****6550
2	Mariyappa V M	*****3238	*****1143
3	Rakesha K R	*****1841	*****6535
4	Gopal Y Shivapur	*****5612	*****5421
5	Mareppa Nayak	*****9811	*****6533
6	Praveen Kumar J	*****8749	*****9384
7	Manoj S	*****4605	*****9337
8	Sainath	*****1221	*****7466
9	Kavita	*****2673	*****7113
10	Abhilasha M N	*****8126	*****8825
11	Rekha M	*****0265	*****7044
12	Thomas P G	*****8979	*****5669
13	Srinivasa M	*****7707	*****2005
14	Shreyansh A P	*****1106	*****7394
15	Dhareppa K Allitti	*****1175	*****9144
16	Ramappa	*****9622	*****0997
17	Gangadhara M	*****7674	*****0400
18	Jeevan	*****1919	*****2631
19	Sr Julia	*****6165	*****5413
20	Ms Merlin Ralvina	*****7553	*****1735
21	Mrs Rosy	*****1793	*****7366
22	Mrs Prabhavathi	*****6206	*****2860
23	Ms Sharmila	*****4112	*****7388
24	Mangalesh	*****1808	*****0999

Radha S



Five day Training programme on Geriatric care for primary care giver held on Concerns Universe Foundation, from 20/03/2023 to 24/03/20243

S.No	Name	Phone No	Aadhar Number
1	Sujatha	*****8133	*****2408
2	Subalakshmi	*****3185	*****0550
3	Sufiya Kouser	*****7814	*****3749
4	Dhakshayani	*****8338	*****3314
5	Gayathri	*****2901	*****0839
6	Sandhiya	*****4809	*****1319
7	Sharon Reena S	*****8318	*****9976
8	Divya Darshini	*****9421	*****8107
9	Monica	*****7889	*****0794
10	Geetha	*****6060	*****2381
11	Gayathri A	*****0596	*****0839
12	Gayathri S	*****2483	*****8071
13	Jayalakshmi C R	*****3899	*****2354
14	Buela	*****7641	*****8184
15	Cindrella	*****5757	*****4534
16	Thabeetha	*****9659	*****4819
17	Elizabeth	*****4750	*****2215
18	Shalini U	*****9374	*****5848
19	Ephsy V	*****5301	*****0157
20	M Nethravathi	*****5624	*****5768
21	V Lakshmi	*****0292	*****2215
22	Sobiya	*****6408	*****3749

Table 5



List of Participants

Five day outreach programme on basic elderly care for Family, held at Grace Care Training Centre, Kottayam, Kerala

Sl. no	Name of participants	Gender	Aadhar No	Phone no
1	Raghu	M	*****0753	*****7973
2	Aleena T Mathew	F	*****2975	*****1841
3	Tinis Cherian	F	*****4699	*****0234
4	Bindumol T Thankappan	F	*****0661	*****9917
5	Joice Koshy	F	*****3335	*****0446
6	Dr Beena Suresh	F	*****4920	*****4165
7	Jincy John	F	*****2405	*****4057
8	Beena J	F	*****2957	*****1842
9	Annamma Abraham	F	*****8026	*****9504
10	Jayakumary T	M	*****7841	*****8079
11	Seema Rence	F	*****5672	*****6792
12	Nejiya P S	F	*****9990	*****8797
13	Maya Babu	M	*****1401	*****3689
14	Harikumar A	M	*****9699	*****2140
15	Aniyamma K C	F	*****0101	*****8214
16	Sinimol P Abraham	F	*****7526	*****3779
17	Prijitha Kuriyan	F	*****7017	*****4599
18	Anupa Abraham	F	*****8113	*****0423
19	Sumayya Farsana	F	*****5862	*****9783
20	Jyothimol Issac	F	*****3195	*****4772
21	Kamala MK	F	*****9886	*****5864
22	Rajeev M Jacob	M	*****1055	*****7117
23	Jomsey Jose	F	*****0950	*****4316
24	Jobin Joseph	M	*****2158	*****5360
25	Ancy Mol OC	F	*****1296	*****5494
26	Mariyamma Cheriyan	F	*****3747	*****6004
27	Arjun Mohan	M	*****5214	*****0352
28	Vinodini VV	F	*****8643	*****6054

List of Participants

**Three day Residential Training Programme on Prevention and care of Dementia, held at
BM Patil Medical College, Vijayapura, Karnataka**

Sl. no	Name of participants	Gender	Institution name	Aadhar Number
1	Rudrayya Charanthimath	M	Sneha education and development society, Hubli	*****3410
2	Naveen Kumar	M	Gayathri grameen vidya samasthe, Davangere	*****2953
3	Shivana Gowda	M	Sri Shakthi Association, Guttur, harihara, Davangere	*****3663
4	Manjunatha H	M	Sri Shakthi Association, Guttur, harihara, Davangere	*****5936
5	Shreyansh	M	Sri Raghavendra oah, Belagavi	*****7394
6	Samuel s Vijaper	M	BLDE DU, Vijayapura	
7	Srushti Evyanjalin	F	Shri Raghavendra senior Citizen home, Yellapura	*****8599
8	Akshatha	F	Mother Theresa senior citizen home, Bidar	*****6541
9	Sangeetha	F	Nightingales senior citizen home, Rayachur	*****4479
10	Elizebeth	F	BLDE DU, Hospital Vijayapura	
11	Shailaja david	F	BLDE DU, Hospital Vijayapura	*****7145
12	Anand Hosamani	M	BLDE DU, Hospital Vijayapura	
13	Shivappa Natikar	M	BLDE DU, Hospital Vijayapura	*****6259
14	Sharada Desai	F	District Hospital, Vijayapura	*****6640
15	Jakkavva R	F	CHC Hospital	*****1525
16	Sunil H Basanal	M	CHC Hospital	*****8849
17	Tabita patil	F	Mahaldar hospital, Vijayanagar	*****3246
18	Shiji Francis	F	Maher ashram, Loni BK, Vijayapura	*****9585

19	Avinash Banasode	M	Maher ashram, Loni BK, Vijayapura	*****8887
20	Anita Nagavi	F	Maher ashram, Loni BK, Vijayapura	*****6403
21	Mativanth	M	Reach rural development society, Shahapur	*****4318
22	Shoba	F	Reach rural development society, Shahapur	*****6580
23	Vinod raj	M	Snehabharathi Education Society, Lalitha oah	*****8962
24	Rayappa SK	M	Sarvodaya service centre for elders, Bagalkot	
25	Gollalesh Gogi	M	Veerendra patil vividodesha seva sanga, Hunsagi	*****6138
26	Neelambika patil	F	Veerendra patil vividodesha seva sanga, Hunsagi	*****0761

List of Participants

Three Day Residential Training Programme on Geriatric Counselling, held at Trivandrum, Kerala

Sl.n o	Name of participants	Gender	Phone no	Aadhar Number
1	Padmini Teacher	F	*****7448	*****6359
2	Vijila K	F	*****1259	*****1438
3	Anu Kurian	F	*****0762	*****6654
4	Jeena Jose	F	*****2618	*****1288
5	Jancy Joseph	F	*****4200	*****9644
6	Sheeba S	F	*****9329	*****5545
7	Namitha E P	F	*****4928	*****2015
8	Shilpa Johnson	F	*****1117	*****3444
9	Arya R S	F	*****9930	*****9308
10	Anila Kuriakos	F	*****0669	*****0092
11	Meena O S	F	*****2396	*****0658
12	Jubairiya N T	F	*****3068	*****5900
13	Fareed N	M	*****8444	*****5536
14	Muhammed Riyas PK	M	*****3202	*****0481

15	Sreejesh K S	M	*****1115	*****0231
16	Theresia Sebastian	F	*****6020	*****5627
17	D Kuttappan	M	*****5075	*****6009
18	Isha Beevi K M	F	*****9763	*****3465
19	Amala Joseph	F	*****3363	*****7534
20	Bindhu S	F	*****2428	*****2647
21	George Mathew	M	*****6237	*****6523
22	Athulya	F	*****5189	*****6553
23	Santha K R	F	*****0817	*****5013
24	Dipeesh	M	*****2051	*****6785

Participants list of Three- Months Certificate Course on Geriatric Care for Bedside assistance/ Geriatric Caregivers

S.NO	NAME OF THE STUDENTS	GENDER	STUDENT CONTACT DETAILS	AADHAAR NO.
1	DAKSHAYANI.R	F	*****0322	*****3538
2	FRANKA.R	F	*****2525	*****9303
3	GOVINDHA.M	M	*****1646	*****3629
4	HEMALATHA KANDULNA	F	*****2801	*****6400
5	J.STEFFIE EVANGELINE	F	*****6015	*****0986
6	JENIFFER MARY	F	*****8580	*****1756
7	KRITHIKA.S	F	*****1616	*****7795
8	LAKSHMI .S.PARIMALAKAR	F	*****3961	*****7596
9	LEKHA.J	F	*****5997	*****0327

10	MADHAN KUMAR.S.R	M	*****7780	*****9397
11	MANJUSHRI .M	F	*****5787	*****9659
12	MARIYA ARPITA	F	*****8338	*****2500
13	NANDINI.R	F	*****8426	*****8217
14	PALLAVI .S .SHETTY	F	*****5380	*****0336
15	PALLAVI M.J	F	*****9047	*****0386
16	POOJA.S	F	*****4729	*****7627
17	PRIYADARSHINI V	F	*****2380	*****7335
18	PRIYADARSHINI G	F	*****6987	*****2222
19	SALEHA KOUSER	F	*****3276	*****1855
20	SAHANA.R	F	*****0903	*****2402
21	SHAKINA BRIZE.A	F	*****0235	*****5277
22	STEFFY.S	F	*****9353	*****5890
23	V. AMALORPAVARANI	F	*****8348	*****6408
24	SWETHA P	F	*****5420	*****7327
25	M.SONU RAJESHWARI	F	*****2429	*****9170

**Two day Conference on Elderly Issues - Psychosocial Problems and Mental Health issues
in**

Old age held on 26th &27th March 2024 at Kochi , Kerala

S no	Name	Gender	mobile Number	Aadhar
1	N.N Sankaran Nambiar	M	*****2215	*****6177
2	M.K Krishnan	M	*****3432	*****0606
3	K.R Shasidharan	M	*****9199	*****7349
4	Prasanna Gopinathan	M	*****8997	Not shared
5	M.P Gopinathan	M	*****8997	Not shared
6	Kochu Mary	F	*****6751	*****8861
7	P I Sankaranaryanan	M	*****4034	*****0844
8	E. Nalini	F	*****4034	*****6980
9	Bindu A.M	F	*****3036	*****9348
10	Shyni Shibu	F	*****1749	*****1713
11	Ambily P.H	F	*****9566	*****7406
12	Geethamma K.N	F	*****6367	*****4574
13	Seethumany	F	*****8091	*****7268
14	Sr. Athulya	F	*****6047	Not shared
15	Sivadasan MP	M	*****1892	*****3630
16	Jaya Shaji	F	*****7028	*****0454
17	C I Annie	F	*****3316	*****9436
18	P G Paul	M	*****0902	*****8048
19	K R Peter	M	*****3473	*****8501
20	Sr.Vijjaya	F	*****7006	Not shared
21	Abraham KV	F	*****7737	*****3605
22	Nisha MP	F	*****5178	*****9049
23	V Ravindranathan	M	*****6533	*****4537
24	Geetha Ravindranath	F	*****2531	*****0280
25	Tency Varghese	F	*****4161	*****6122
26	Tomy Tharakkunnel	F	*****3750	*****1554
27	Alfi jaleel PJ	F	*****8032	*****7965
28	Molly George	F	*****7532	*****7960
29	Anju Babu	F	*****1539	*****9603
30	Manju Avi	F	*****4547	*****8433
31	Roshni Tomy	F	*****8838	Not shared
32	Jismi Kurian	F	*****2194	*****7387
33	Farsana M Ali	F	*****8343	Not shared
34	Catherine Shaji	F	*****0383	*****2062
35	Sindhu sina	F		
36	S Lakshmanan	F	*****0246	*****7931
37	Honeymol CM	F	*****9329	*****2194

38	Kochu Thresia Maria	F		
39	Sr. Mary TA	F	*****4033	*****4047
40	Aji Biju	F	*****9089	Not shared
41	Maria Sangeetha KA	F	*****9942	*****6499
42	Ranjini Cheriyan	F	*****1376	Not shared
43	Amal Mathew	F	*****5988	Not shared
44	Ashik K S	F	*****6017	Not shared
45	Anoop S	M	*****5016	*****1013
46	Mini VA	F	*****2466	*****1424
47	Binisha D	F	*****7325	Not shared
48	Manju K R	M	*****6328	*****8363
49	Rosy Joseph	F	*****0065	*****1161
50	Manju Lakshmi PM	F	*****7448	Not shared
51	Jisha S Nair	F	*****7293	*****8222
52	P.R.Pankajam	F	*****1565	*****9173
53	Manju Philip	M	*****6877	*****0626
54	PG Mathew	M	*****7584	Not shared
55	T.R. Satheesan	M	*****5939	Not shared
56	Mani VS	F	*****5278	*****0810
57	Vidhya V Nair	F	*****3054	*****4424
58	Magi Francis	F	*****8098	*****7038
59	Emily Jacqueline	F	*****4025	*****2711
60	K.Babu	M	*****1099	*****0328
61	DR. Alyssa Maria Prince	F	*****5128	Not shared
62	Lakshmi. K	F	*****0759	*****1153
63	Rumana	F	*****9561	Not shared
64	Manju Philip	M	*****3558	Not shared
65	Subramannian K.B	M	*****0423	*****9515
66	SR Alcy Madassery	F	*****9365	*****4290
67	Sr Marilena Joseph	F	*****3497	Not shared
68	Manju P S	M	*****3046	*****7587
69	Amantta Varghese	F	*****1830	*****4556

70	Mini Sukumaran	F	*****1489	Not shared
71	Jeema Varghese	F	*****0355	*****9049
72	Ranjith KU	M	*****7509	*****4715
73	Jose N George	M	*****6687	NA
74	Sr Tisha	F	*****5308	Na
75	Sr Harshitha	F	*****8827	*****8527
76	Soumya Xavier	F	*****7469	*****0243
77	Shruthi.N.K	F	*****9642	*****5406
78	Beena Varghese	F	*****6410	*****5599
79	Rasheed	M	*****3033	Not shared
80	Joicy Jose	F	*****6634	Not shared
81	Aleena Paul	F	*****2136	*****7526
82	Sufeena F.A	F	*****0377	*****0082
83	Simi Xavier	F	*****7788	Not shared
84	Sr Jeslet S.D	F	*****5442	Not shared
85	Sr Merlin Jose	F	*****3997	Not shared
86	Neenu Franklin	F	*****3392	*****7856
87	Rohini Antony	F	*****6355	Not shared
88	FMrs Anju John	F	*****1477	Not shared
89	Pearly P.S	F	*****3730	*****5325
90	Shilda Sebastian	F	*****9055	*****6446
91	Riya Binu	F	*****6398	Not shared
92	Nishabeevi. T.A	F	*****6127	*****7446
93	Susan John	F	*****6702	*****8686

94	Saja Ponnappan	F	*****4964	*****0058
95	Aleena Francis	F	*****2559	Not shared
96	Mary Maglalin	F	*****7698	Not shared
97	Mary Sibimol N.G	F	*****5882	*****3064
98	Bindu Lal	F	*****0479	*****7474
99	Ampily Omrnakuttan	F	*****7754	*****6764
100	Veena Pankajakshan	F	*****3338	*****8174
101	Priya T.S	F	*****0580	*****5057
102	V.B Radhakrishnan	F	*****3651	*****3007
103	T.R. Suresh Kumar	M	*****0140	*****9613
104	Safna T.S	F	*****5810	*****7928
105	Rakhi Joseph	F	*****7922	*****5941
106	George Elisor	M	*****1194	*****6900
107	Sreeja Raju	F	*****2722	NA
108	Pathmakumari M.B	F	*****8712	*****2495
109	Sabu M Philip	M	*****5603	*****1680
110	Sunitha P.B	F	*****0423	*****4764
111	Sr Dhiya	F	*****5944	Not shared
112	Mary Angel	F	*****6068	*****2059
113	Mary Sibi Md N.G	F	*****5882	Not shared
114	Reseena.S	F	*****7108	*****0985
115	Bindu C.S	F	*****8794	*****9063
116	Bambimol P.B	F	*****9823	*****2655
117	Sindhu P.R	F	*****2425	*****5175

118	Vijini K.V	F	*****5558	*****1093
119	Catherine Shaji	F	*****0383	Not shared
120	Sindhu Sinu	F	*****0382	*****4775
121	Manusha Francis	F	*****7471	*****4519
122	Mary Kunju M.K	F	*****2162	*****0372
123	Sijina K.B	F	*****0238	*****5277
124	Jisha John	F	*****3636	*****8300
125	Tincy Anthony	F	*****3590	Not shared
126	Fathima M.I	F	*****1604	Not shared
127	Anju A.B	F	*****2898	Not shared
128	Sr Clarence C.T.C	F	*****0756	*****8563
129	Usha Kumari N K	F	*****1858	*****3598
130	Shainy PV	F	*****6232	*****5679
131	Girija P	F	*****9209	*****2380
132	Sindhu VG	F	*****2425	*****7402
133	Bindhu S Babu	F	*****5632	*****2261
134	Divya K.J	F	*****7008	*****9402
135	Simy Thomas	F	*****2507	*****4171
136	Aisha Beevi .V.A	F	*****2195	*****3049
137	Asha K Raj	F	*****6188	*****8959
138	Anuja V Nair	F	*****4755	*****7058
139	Sajitha OY	F	*****9093	*****5787
140	NG Krishnan Kutty	F	*****6742	*****5187
141	Sindhu K.K	F	*****8634	*****0174
142	Shalet Raphael	F	*****5058	*****7184

143	Sree Lashoni Devrajan	F	*****5821	Not shared
144	Sreeja P.D	F	*****4770	*****8678
145	Tresa Thomas	F	*****1396	not shared
146	Sr Roji C.S.N	F	*****5946	*****1012
147	Asha M.B	F	*****7874	*****5493
148	Shyja.CJ	F	*****7726	*****8503
149	Meena. Anson	F	*****5016	*****9869
150	Ambily Rajesh	F	*****8974	*****2752
151	Sister MTMA	F	*****6468	not shared
152	Sr Augusta	F	*****7172	not shared
153	Valsagopi	F	*****9501	not shared
154	Nisha Jolly	F	*****9022	*****4871
155	Mariamol K.J	F	*****6132	*****7343
156	Meena Anlag	F	*****6407	not shared
157	Anju Shaibu	F	*****9389	not shared
158	Deepa Shanil	F	*****3926	*****5169
159	Sisha T.S	F	*****2343	*****7135
160	R.Grija Krishnan	F	*****5404	*****7108
161	Beevi P.K	F	*****7308	*****5573
162	Anila Shalin	F	*****8930	*****2518