

REGIONAL RESOURCE AND TRAINING CENTRE SOUTH - NIGHTINGALES MEDICAL TRUST

A) Outcome of the Utilization of Funds:

1.	Reporting for	April 2022 to September 2022
2.	Name of RRTC	Nightingales Medical Trust (NMT)
3.	Address- Head Office Project office	No. 8P6 , 3 rd ' A cross' Kasturinagar, East of NGEF , Banasawadi, Bengaluru-560043 Same as above
4.	Contact person	Dr. Radha S. Murthy, Managing Trustee
5.	Year of Establishment	Nightingales Medical Trust established in 1998. Recognized as RRTC in 2010-2011
6.	No. of Ministry- Aided NGOs covered under RRTCs	
7.	No of centres (OAH) covered by RRTCs	55+ in Karnataka and Kerala (updated list of NGOs awaited)
8.	Training Needs assessment for the year done	No

9.	Capacity building <ul style="list-style-type: none"> • Total number of trainings conducted during the period - • Total number of people trained and their profile- • Total number of personnel trained (if the same person attend more than one training here he/she will be calculated as one) 	<p>Action Plan submitted to NISD for training Programmes. Not yet received</p> <p>118 First aid & Cardio Pulmonary resuscitation trainings done by NMT and 554 persons trained</p> <p>Public , corporate employees etc.</p>
----	---	---

	<input type="checkbox"/> Theme, location and dates conducting the program-	
--	--	--

10.	<p>Documentation & Media Activities</p> <ul style="list-style-type: none"> • List of databases maintained and updated by the RRTC • Resource Person • Trainers • NGO Profile (Centers) • Other non-funded NGO. <ul style="list-style-type: none"> ○ List of important resource materials and IEC materials developed by RRTC during the quarter (Mention about translation of material in local language) • Topics Translated • Any IEC material developed with the support of NISD • If yes, mention details • Any trainings Manuals / resource materials developed <ul style="list-style-type: none"> ○ If yes mention details– 	<p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Contributed for a chapter titled “ Elders Helpline – Community Based interventions for Elder Abuse” on Elders Helpline run by NMT for the “Insights into Healthy Ageing” published by National Institute of Mental Health and Neurosciences NIMHANS</p> <p>Published Senior Citizens – Senior citizens - Be Safe and Cautious – a handbook for senior citizens covering topics on safety and security of senior citizens . Translated and published in Kannada .</p> <p>NIL</p>
-----	--	--

11.	<p>Monitoring of NGOs</p> <ul style="list-style-type: none"> • Field visits conducted by RRTC during the month, State wise • Number of visits made • Number of centres visited ○ ○ Name of Centers visited ○ <p>(Attach separate sheets)</p>	<p>Monitoring visits were done to 19 OAHs in Karnataka –details in Annexure A</p> <p>Inauguration of new Old age homes as part of Azadi ka Amrut Mahotsav</p> <ol style="list-style-type: none"> 1. Lalitha home for the aged run by Sarvodaya service society inaugurated on 7th April 2022 by the Mr Veeran Gowda, Deputy Director and Mr. Sharana Basappa DDWO Raichur. 2. Muni service centre for elderly Old age home run by Sarvodaya Service Society at Bagalkot inaugurated on 11th May 2022 by Smt. Hemalatha B. Hullur, Civil judge and member of a society DLSA, Bagalkot
12.	<p>Networking and advocacy</p> <ul style="list-style-type: none"> • No. of sensitization programs conducted • No. of advocacy/convergence meeting conducted • If yes Target Groups 	<ul style="list-style-type: none"> • 10 webinars conducted on diverse topics of interest for senior citizens –Details Annexure B • Awareness programme on maintenance and welfare of parents and senior citizens act- 2007, for 35 District Level welfare Officers and others at KSSB building, Sheshadripuram, Bangalore on 7/05/2022 • Elder Abuse awareness day observed on 15th June 2022 by organising a awareness programme for senior citizens on wellbeing , healthy ageing safety and security Dr CR Chandrashekar addressed the audience regarding health ageing and Additional Commissioner Crime Shri BS Angadi IPS spoke on the needs for seniors to be cautious in order to avoid getting cheated . The handbook “Senior Citizens Be Safe and Cautious” was released on the occasion. More than 100 senior citizens and youth participated in the programme. • To mark World Alzheimer’s month memory screening camps were done at 8 locations in Bengaluru and 243 elders were screening for memory loss. Memory walk was done to mark the day and Demclinic – online and in person mental health assessment was launched.

13.	Interface with State Departments <ul style="list-style-type: none"> No. of liaison meetings- Details of State Govt. officials meto Purpose of meetings Outcomes if any, please specify 	6 meetings with Department for the Empowerment of Differently Abled and Senior Citizens regarding : <ol style="list-style-type: none"> Review of projects supported by department -1 Elder abuse awareness day -1 International day for older persons-3 Technical inputs for set up of 150 bed care home for elderly -1
	Any other information, please specify	<ul style="list-style-type: none"> <i>ANUBHAV PODCAST station set up in Nov 2021 and since set up 133 podcast programmes were uploaded - 83 podcast uploaded between April to Sept 2022</i>
	New initiatives taken as NMT_RRTC	<i>Visits were done to 26 Old age homes in Bengaluru (Govt supported and private) to assess the status of the homes with regard to adherence to minimum standards for infrastructure , staffing , services for elderly and training needs of staff etc. This was done to explore the scope of providing support and training through the RRTC project.</i>

Annexure A – Details of Monitoring Visits conducted for NAPSRc projects

Monitoring / Inspection visits April 2021 till Mar 2022						
S.No.	NGO's Name	District	State	VC/ Physical Visit	report preparation date	overall impression of the home

1	Sri Rajiv Gandhi Education and Welfare NGO	Chamarajnar, Karnataka	Karnataka	Physical visit	04/04/2022	It's a one floor building, well cleaned and maintained, there were less inmates, need to do spot inspection. There are less staff.
2	Jnana Sindhu Educational and Cultural Society	Mandya	Karnataka	Physical visit	04/04/2022	It's an old house, there were 21 inmates. Most of the staff were present. Interacted with inmates seems to be happy with the facility provided by the organisation
3	Poornima Vidya Samasthe	Arakere, Mandya	Karnataka	Physical visit	04/04/2022	Old age home is well maintained and premises is very friendly all the inmates well take care of.
4	Saranya Trust, Sanidya Old Age Home	Mysore	Karnatak	Physical visit	04/04/2022	Inmates were present, no staff members found, except cook. Couldn't see any documents and there was no in charge to give information about the old age home.
5	Swamy sarvadarma Sharanalaya Trust, Sakshi Ganapathi OAH	Madugiri, Tumkur	Karnataka	Physical visit	05/04/2022	Old age home is well maintained, the premises were well cleaned and maintained. There were 23 inmates at the time of visit.
6	Shivleela womens welfare association	Raichur	Karnataka	Physical visit	6/04/2022	It's an old sheet house, there is sufficient halls to occupy 50 members, only few staff were present at the time of visit. House is well cleaned, toilets have to be cleaned properly. Surprise inspection needs to be done.
7	Sneha Bharathi Education Society, Lalitha Home for the aged	Raichur	Karnataka	Physical visit	07/04/2022	The infrastructure of the building is too good, there is sufficient space to occupy 50 members in the oah. Members are very happy with the care and love given by the staff. There is a local support and well organised

8	Reach rural development and service society	Yadgiri	Karnataka	Physical visit	08/04/2022	It's an old building, there is no sufficient space to accommodate 25 members, beds are congested, and no place to walk around, and there is no recreation room. The premise is cleaned and maintained
9	Sarvodaya Service society	Bagalkot	Karnataka	Physical visit	11/05/2022	The infrastructure of the building is too good, there is sufficient space to occupy 50 inmates in the house, and there are well trained staff who is looking after the inmates.
10	Mallikarjuna jana seva Society	Belagaum	Karnataka	Physical visit	12/05/2022	It's an old building, well cleaned and maintained. The building is not sufficient to accommodate 25 members in the house. Interacted with inmates found happy with the facility provided by the organisation.
11	Sneha Bharathi Education society	Mangaluru	Karnataka	Physical visit	27/07/2022	It's one floor building, not sufficient for 50 inmates. The house is well cleaned and maintained. Only few staff were present at the time of visit. There is sufficient space outside the house for the inmates to walk around. No dining hall, recreation room and counselling room
12	Sneha education and development society	Udupi	Karnataka	Physical visit	27/07/2022	The infrastructure of the house is too good, it's sufficient for 25 inmates. It's very spacious. Well cleaned and maintained. Only 4 staff were present
13	Annapurna Association	Chikkamagaluru	Karnataka	Physical visit	28/07/2022	Shifted to new house, well cleaned and maintained. Interacted with the inmates, happy with the facilities provided by the organisation.
14	Rotary inner wheel Trust	Chikkamagaluru	Karnataka	Physical visit	28/07/2022	Infrastructure of the building is very good, since they receive funds from outside, running very well. There are sufficient staff and very interactive with inmates. There are more than 70 senior

						citizens who are getting benefit from rotary inner wheel trust. The room facilities are too good.
15	Vidyaranya Old age home	Channarayapatna	Karnataka	Physical visit	29/07/2022	It's situated in channarayapatna city, its one floor building. The building structure is not good to run the old age home. In the same building they run some other govt projects. 20 inmates were present at the time of visit.
16	Sarvadhama Sharanalaya trust	Chikkaballapur	karnataka	Physical visit	28/09/2022	The infrastructure of the building is too good, there are 10rooms, with attached toilet and 3 to 4 inmates are occupied. There is sufficient space for the members to walk around. Inmates are happy with the facility provided at the old age home.
17	Sarvodaya service society	Vijayapura, Doddabalapur	Karnataka	Physical visit	28/09/2022	The place is well cleaned and maintained. There is sufficient space to occupy 25 inmates, all the documents are up to date. Most of the staff present at the time of visit. The inmates were happy with the facilities provided by the organisation
18	Ramana Maharshi trust for the Disabled	KGF, Kolar	Karnataka	Physical visit	29/09/2022	Its and old sheet house, there are 4 hall and 3 small rooms. 40 inmates were present at the time of visit. Documents are up to date. Most of the staff were present at the time of visit. Inmates are happy with the facility provided by the organisation.
19	Vidyaranya , Hosabelaku old age home	Mandur, Bangalore	Karnataka	Physical visit	30/09/2022	Vidyaranya Trust runs 5 to 6 projects in the same building. Total 19 members present, they said 5 inmates were admitted due to illness. The place is not sufficient, beds are very near. There is a common dining hall, kitchen and store room for all the project they run.

Annexure B Online talks and sessions held and beneficiaries

RRTC _NMT Webinar Programmes			
Date	Resource Person	Topic	No. of beneficiaries
1/4/2022	Harish Baroor	Who killed advertisement	35
1/4/2022	Volunteers	Socializing activity	15
3/5/2022	Volunteers	Socializing Activity	23
06/05/2022	Mr Jayanth	Restaurants confidentials	27
27/5/2022	Volunteers	Socializing activity	24
03/06/2022	Ms. Meera Ramanarayanan	A Passionate Cyclothon	33
17/6/2022	Volunteers	Socializing Activity	21
28/06/2022	Dr BN Suresh	Life at ISRO	26
12/08/2022	Ms Trushana Oak	Nostalgic Bollywood music	41
23/09/2022	Dr Sowmya, Mr Sanak Athreya	De-stressing with music	34
total till Sept 2022			279
07/10/2022	Dr Shilpa Rao	Evolution and development of human brains	21
21/10/2022	Volunteers	Socializing activity	19
04/11/2022	Prof Lawrence Liang	INA trial in the Red Fort	27
4/11/2022	Prerna	Mindfulness Sessions	43
02/12/2022	Dr. G. Rajagopal	The Strange Spoken English	35
total till 15th Dec 2022			424

PHOTOGRAPHS OF SOME OF THE ACTIVITIES OF RRTC –April –Sept 2022
Monitoring visits to NAPSrC old age home







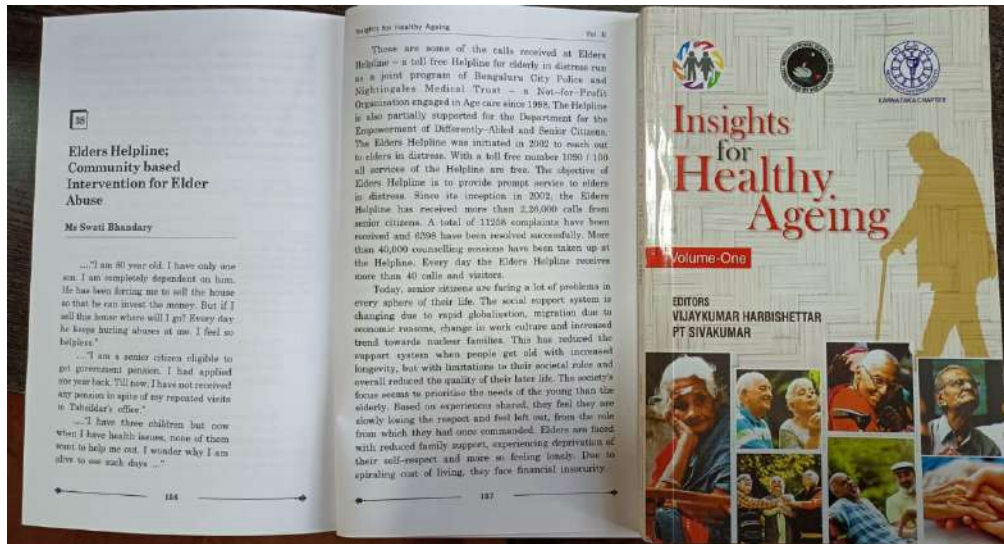
Inauguration of Lalitha home for the aged run by Sneha Bharathi education society at Raichur inaugurated on 7th april 2022



Muni Service centre for elderly home run by Sarvodaya service society at Bagalkot inaugurated on 11th May 2022





IEC PUBLICATION DONE



Senior Citizens!

Be Safe and Cautious





ELDERS HELPLINE 1090
 A Joint Project of Bengaluru City Police
 & Nighingales Medical Trust

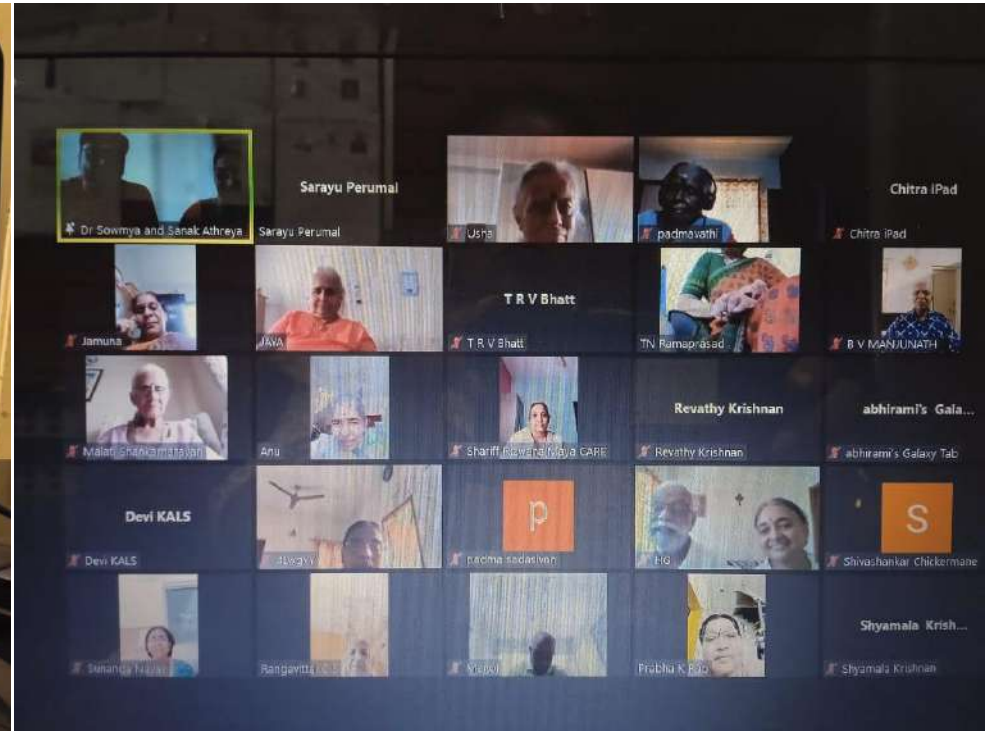
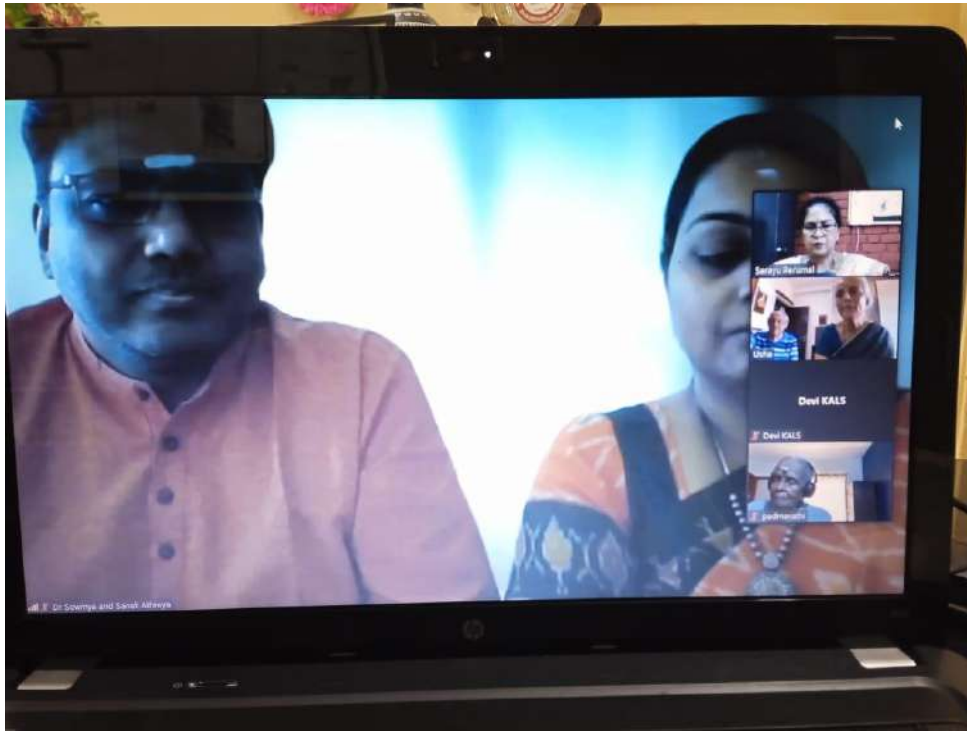
Office of the Asst. Commissioner of Police,
 Basaveshwara Nagar, Bengaluru 560079
 Toll Free: 1090 | Landline: **080 23352833**

www.stopelderabuse.in


























CONTENTS

Sl	Topic	Page No.
1	Introduction	03
2	Message from Commissioner of Police	05
3	Financial Safety	06
4	Safety of Property	12
5	Personal Safety	15
6	Care for Your Health	17
7	Making a Will	19
8	Cyber Safety in a Digital World	23
9	Your Right to Maintenance	26

Pics of online webinars



Recording... View

 Leela	 Nightingales Medical Trust	 JAYA	 Prabha V Kumar	 Jambunathan R
 V V Ravindran	 Shyamala Krishnan	 Indu Bansal	 K R Srikant	 Manjiri Babras
 rangavittal C S	 B V MANJUNATH	 Vijaya Ganapathy	 Perna Gupta (She/Her)	 Sumithra Manjunath
 Sivaguru	 santosh06	 Vasant kumar	 milind babras	 vasantha raghavan
 Vilasini Menon	 Prabha K Rao	 Sarada Rengasamy	 Vasantha Rangamani	 Malati Shankarnarayan

Unmute Start Video Security Participants 43 Polls Share Screen Reactions Apps Whiteboards More End

Elder Abuse Awareness day 15th June 2022



Pictures of Anubhav Podcast training and Poscast sessionsn

